

Welcome!

Please introduce yourself
in chat by sharing:

- Your name and organization
- Where you're calling in from
- One thing that you value or consider special about the place you live

NEW! ReThink Health Toolbox Webinars





  @RippelHealth

Introduction to Shared Stewardship

Bobby Milstein | Director, System Strategy, The Rippel Foundation

Verinda Sood | Program Coordinator, The Rippel Foundation

Setting the Stage

ReThink Health Toolbox

- Help you transform the future of equitable health and well-being
- Introduce ReThink Health tools and practices
- Explore the practice of *shared stewardship*
- Share stories of stewards and their impact
- Q&A



Acknowledgement

This virtual webinar is hosted from Morristown, NJ, the physical location of The Rippel Foundation. We offer our deep gratitude and respect to the Munsee Lenape people, the earliest stewards of this place, including their elders and ancestors, past, present, and future.



You can learn more about the place you reside here: <https://native-land.ca/>

Meet the Presenters



Bobby Milstein
Director of System Strategy



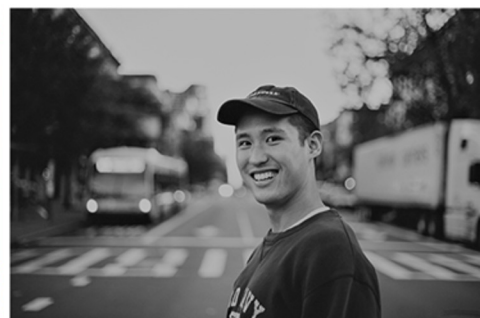
Verinda Sood
Program Coordinator

Building a Foundation for Equitable System Change

Stocking Your ReThink Toolbox

- Over the last decade, we have studied **WHO** is working for equitable system change and **HOW** they go about it
- There is not one intervention or tool
 - Strategies must be tailored to local aspirations and assets
- Today's session will help you build a working vocabulary and awareness of tools and frameworks that can help us all be better stewards of an equitable, thriving future





What Is Shared Stewardship?

Quick Poll

- Have you heard of stewardship before this webinar?
- In what context have you heard the term?





STEWARDS

Stewards are people, organizations, and networks who work with others to create conditions that everyone needs to thrive together, beginning with those who are struggling and suffering.

Everyone can be a steward.

Who Are Stewards?

<https://rippel.org/shared-stewardship/>

Amplifying Stewardship

<http://bit.ly/AmplifyingStewardship>

Pulse Check on Shared Stewardship:

<https://rippel.org/pulsecheck/>

Thriving Together Through

Shared Stewardship:

<http://tiny.cc/SharedStewardshipVideo>



A Unifying and Measurable Expectation

All People and Places Thriving Together—No Exceptions!



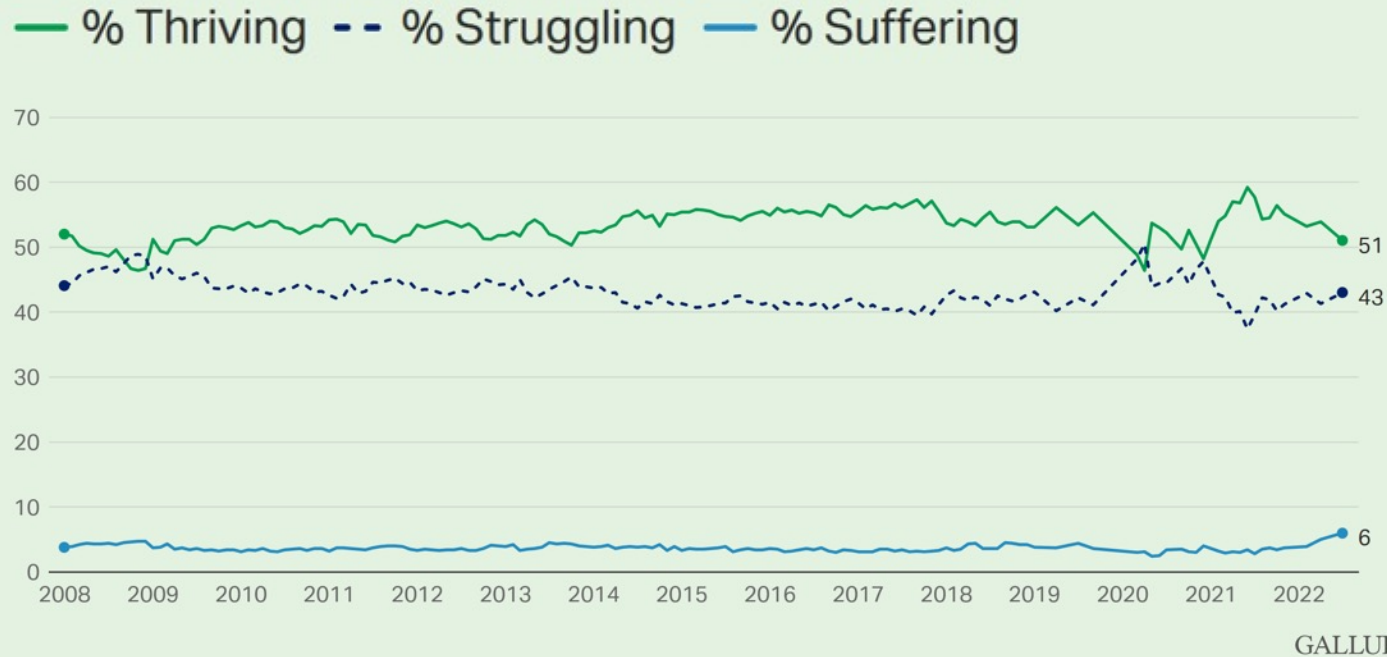
Our best measure of well-being reveals who feels they are thriving, struggling, or suffering.

100 Million Healthier Lives, National Committee on Vital and Health Statistics. Well Being in the Nation (WIN) Measurement Framework: Measures for Improving Health, Well-being, and Equity Across Sectors. 2019. <https://insight.livestories.com/s/v2/win-measures/2fda874f-6683-49bd-adb2-22f6f3c5a718/>.

Our Quest to Thrive Together

Life Evaluations of U.S. Adults

GALLUP®



Gallup's Life Evaluation Index <https://www.gallup.com/394505/indicator-life-evaluation-index.aspx>

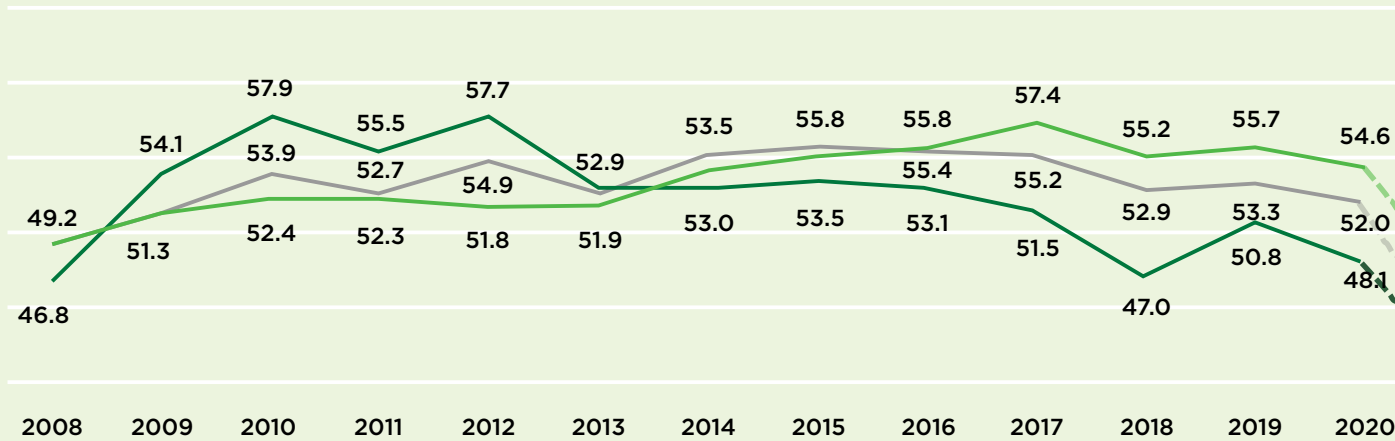
Our Quest to Thrive Together

Life Evaluations of U.S. Adults by Race/Ethnicity

GALLUP

% Thriving

■ White Americans ■ Black Americans ■ Hispanic Americans

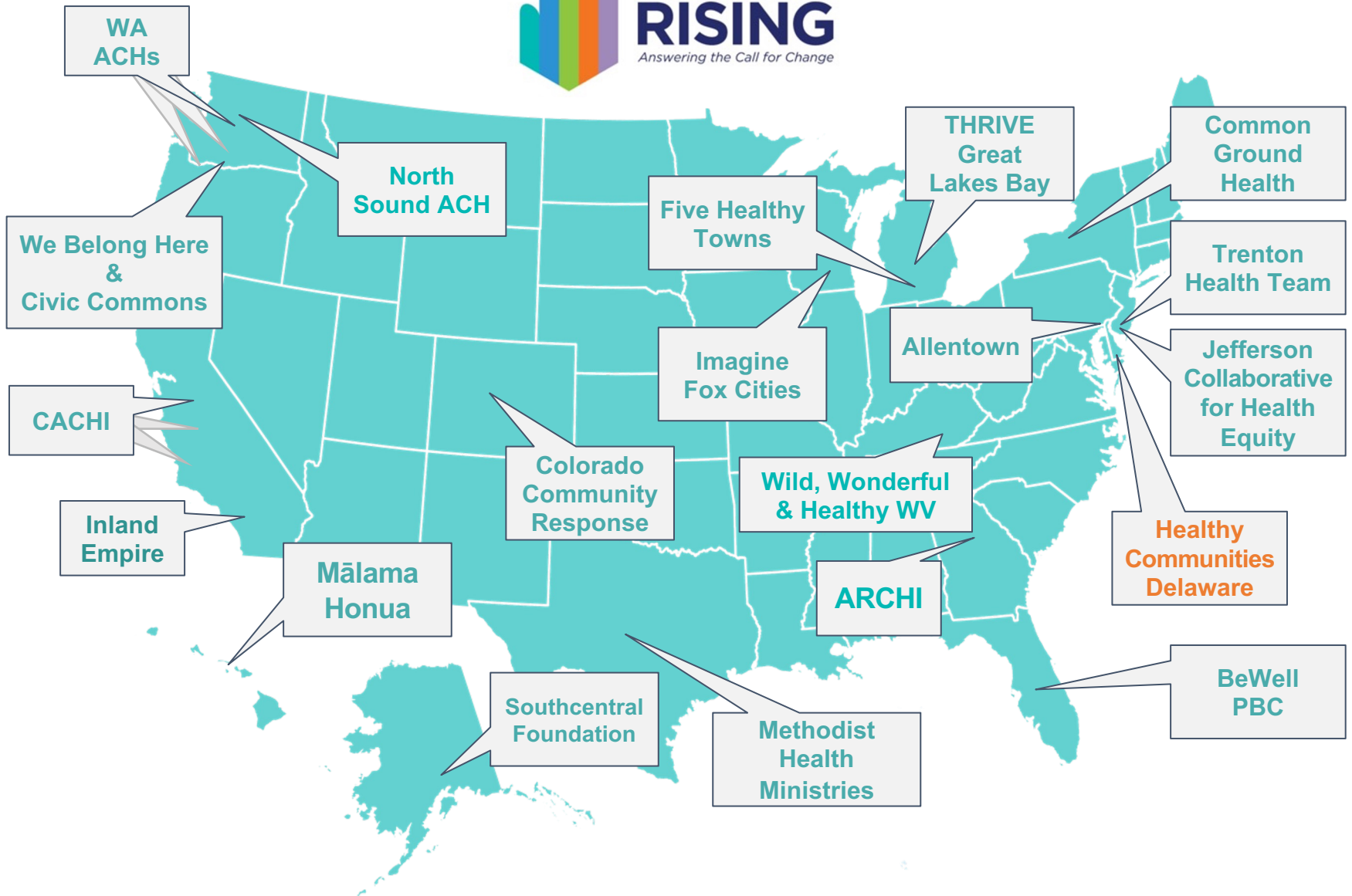


How might we reach even greater heights of well-being, equity, and resilience?

<https://news.gallup.com/poll/320810/life-ratings-among-black-americans-erode-during-trump-era.aspx>

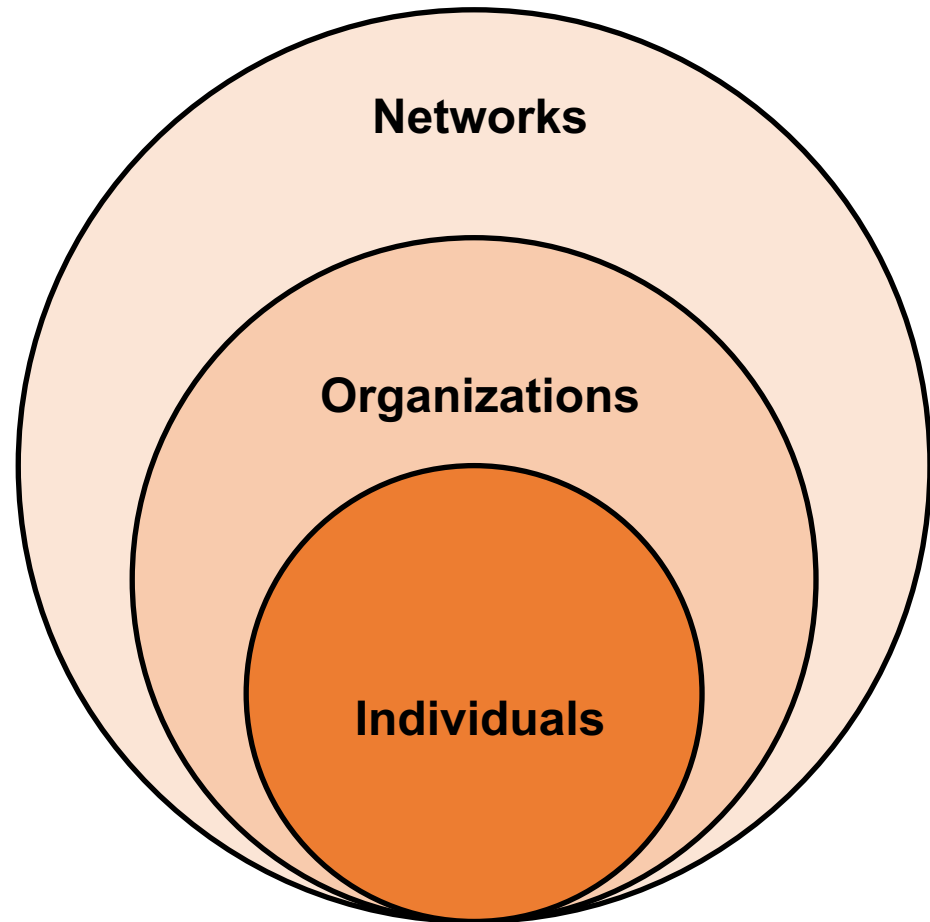


An equitable, thriving future is possible if enough of us—individuals and organizations in all sectors—see ourselves and each other as interdependent stewards in a movement for well-being and justice.





Working Across Scales



Vital Conditions for Health and Well-Being

- Thriving Natural World 
- Basic Needs for Health & Safety 
- Humane Housing 
- Meaningful Work & Wealth 
- Lifelong Learning 
- Reliable Transportation 
- Belonging & Civic Muscle 



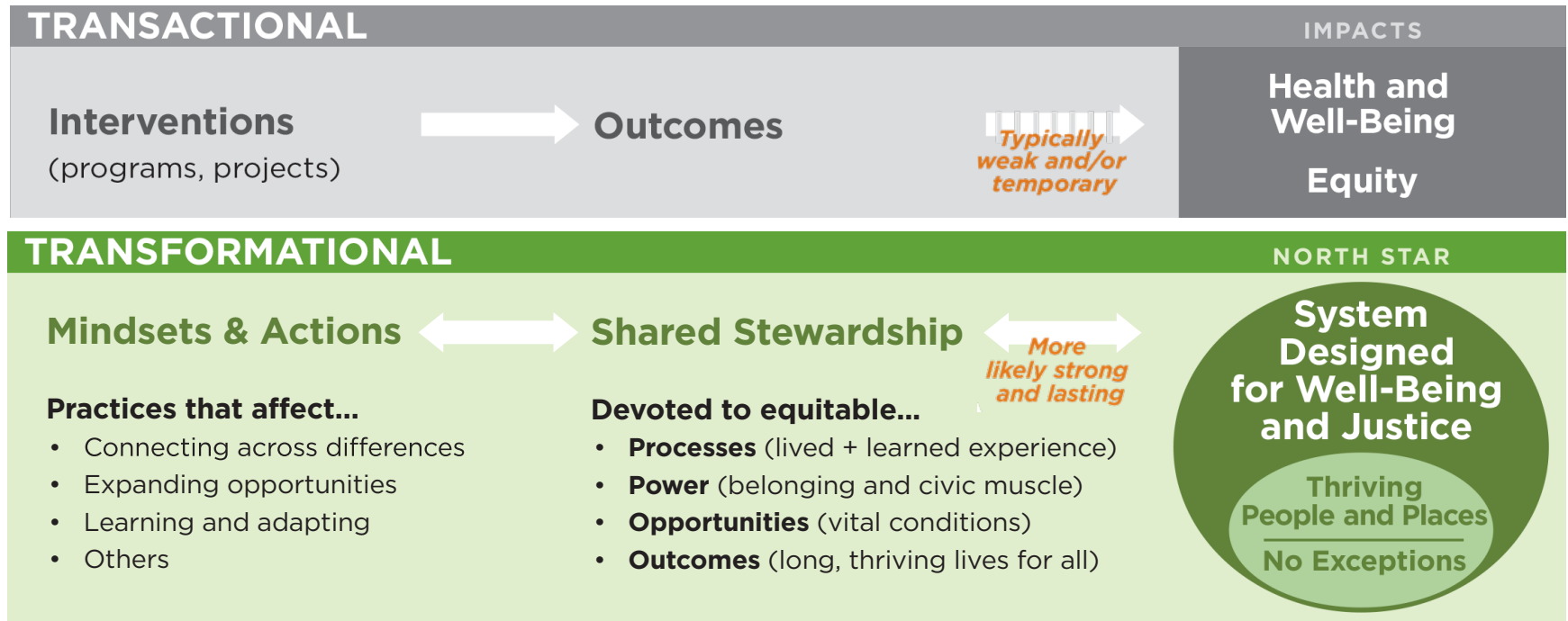
Belonging & Civic Muscle is at the center because it is both a vital condition and a practical capacity that is necessary for equitable success in every other kind of work



<http://Thriving.US>; <https://rippel.org/vital-conditions-for-health-and-well-being/>; a [growing cadre](#) of organizations now explicitly focus on establishing the vital conditions.

Contrasting Approaches to Change

Strong, lasting change requires a transformational approach



Adapted from: [Anderson T, et.al. Shared Stewardship and Prospects for Thriving Together. ReThink Health. 2021](#)

What Do Stewards Believe, Know, and Do?

Primer on Essential Stewardship Practices



What Do Stewards Believe, Know, and Do? A Primer on Essential Stewardship Practices

What We Believe: Our Values and Worldviews

We can thrive together: We all share an aspiration to become thriving people in a thriving world. When we translate that aspiration into action, it becomes a commitment to create communities where all people have a fair chance to participate, prosper, and reach their full potential. Our best hope to realize a resilient and vibrant America for generations to come is to organize local and nationwide action around a single unifying and measurable expectation: *thrive together—no exceptions.*

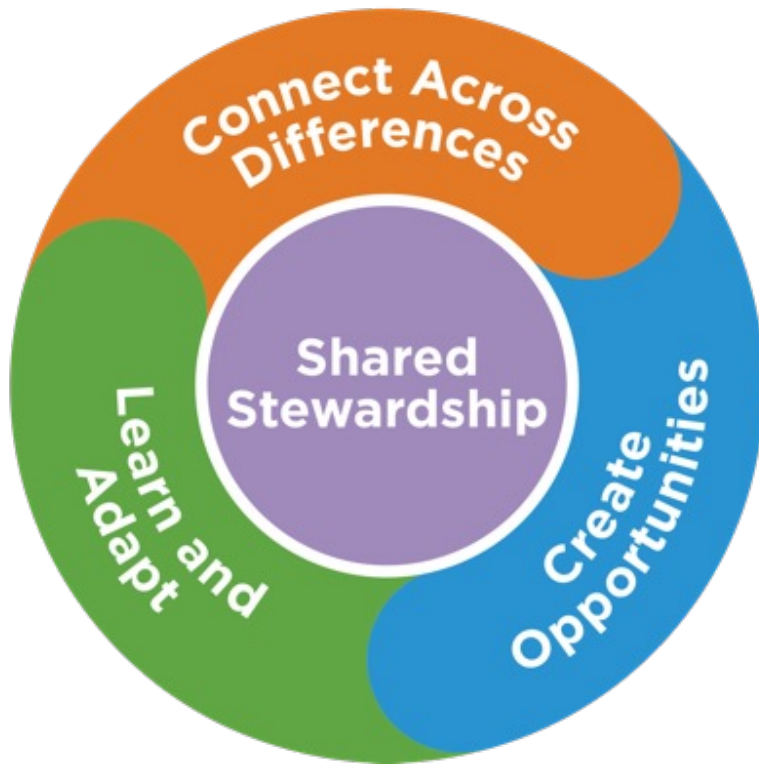
Justice makes us all stronger: When large numbers of us are subjected to unfair burdens, it frays our national fabric of justice and stability. All forms of social exclusion as toxic forces that destroy lives. Human differences and diverse cultures as strengths, not weaknesses, in a rapidly changing world.

We can join each other in shared stewardship: Ordinary organizations in every sector or industry, can move into conditions that everyone needs to thrive together, begin suffering. That is how we co-create a society in which everyone reaches their full potential.



What Do Stewards Believe, Know, and Do?

Primer on Essential Stewardship Practices



CONNECT ACROSS DIFFERENCES

- Weave Vested Interests
- Value Unheard Voices
- Earn Trust
- Strengthen Interdependence
- Build Shared Power

CREATE TRANSFORMATIVE OPPORTUNITIES

- Expand Aspirations
- Change the Story
- Commit to Multisolving
- Bridge Timescales
- Align Investments

LEARN AND ADAPT

- Embrace Complexity
- Promote Abundance
- Habituate Action Learning
- Consider Legacies Past and Future
- Use Data to Chart Progress

What Do Stewards Believe, Know, and Do?

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The Shared Stewardship Beacon

September 2023

Vital Condition Spotlight:
Lifelong Learning



[Healthy Communities Delaware
Shared Stewardship Beacon: Archive & Sign-up](#)

Healthy Communities Delaware
Network Progress Report
2020 - 2022



Healthy Communities Delaware
alignment. investment. impact.

**CONNECT
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Use Data to Chart Progress

[Primer on Essential Stewardship Practices](#)

Celebrating Unsung Stewards



PHOTO FROM THE RIPPEL FOUNDATION

Meet the system stewards, people every walk of life who improve American well-being by tackling the deeper disease and despair.



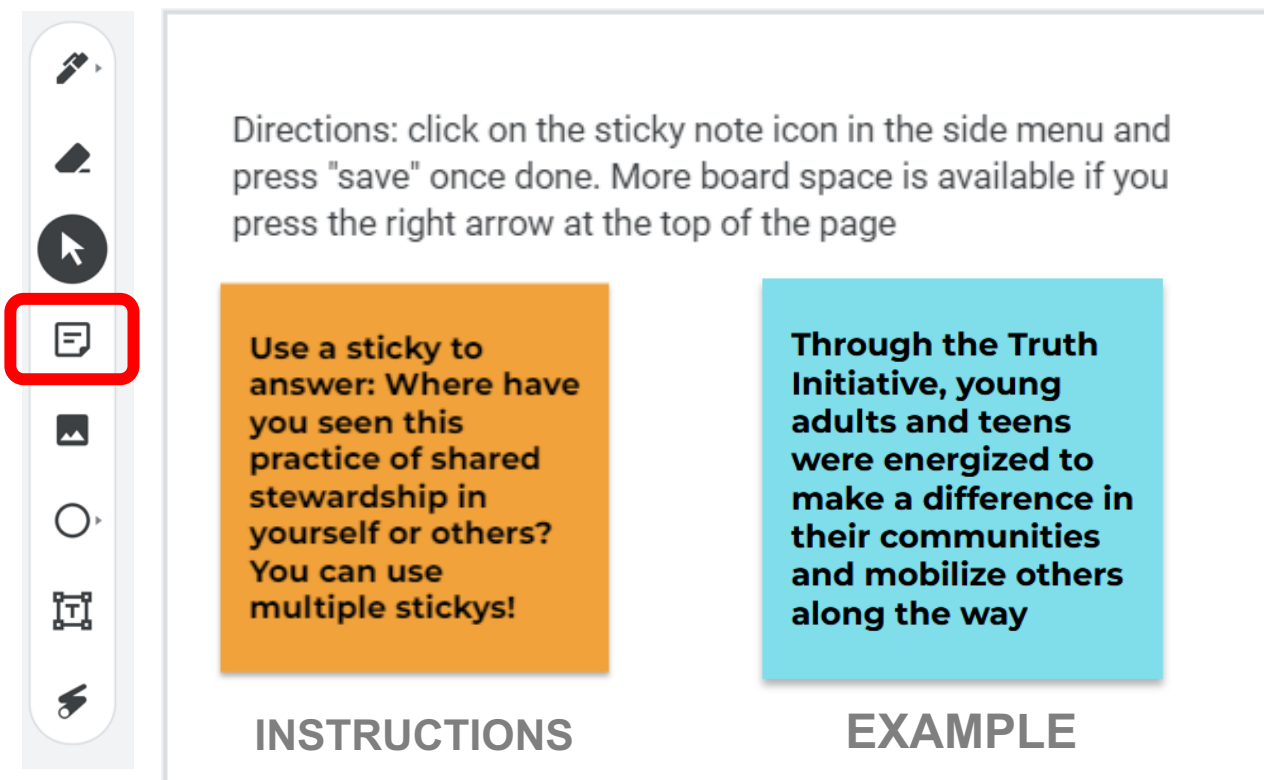
Stewards play a critical —yet often unrecognized—role in helping communities become healthier and more resilient.

— Jay Walljasper

<https://rethinkhealth.org/podcasts/>
<https://www.yesmagazine.org/health-happiness/2020/01/01/american-health-people>

Jamboard Exercise

Where have you seen this practice of shared stewardship in yourself or others?



Directions: click on the sticky note icon in the side menu and press "save" once done. More board space is available if you press the right arrow at the top of the page

Use a sticky to answer: Where have you seen this practice of shared stewardship in yourself or others? You can use multiple stickys!

Through the Truth Initiative, young adults and teens were energized to make a difference in their communities and mobilize others along the way

INSTRUCTIONS

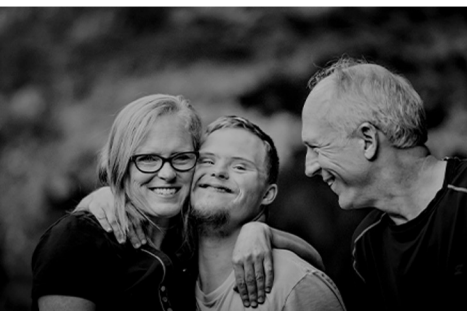
EXAMPLE

<https://jamboard.google.com/d/15wPDhT17QxzjBO2PT-SJ5V5jWAjuVzw53OaHysZvcDc/viewer?f=0>



STEWARDS

Throughout history, stewards have endeavored to extend what is healthy and humane, while working with equal vigor to resist and remove what is toxic and cruel.



Legacies for Living Together



We inherit vital conditions from our predecessors—their legacies are the starting points for our lives.

We also possess enormous capacities to transform current and future conditions, for better or for worse.

What legacies would make us “good ancestors” for generations to come?

Milstein, et.al. Vital Conditions Move the Social Determinants Agenda into Widespread Action. *Health Affairs Forefront*. <http://tiny.cc/VitalConditionsHA>

How attractive is the idea of joining other stewards in a movement to thrive together?

- A. Extremely**
- B. Somewhat**
- C. Neutral**
- D. Not at all**
- E. Unsure (need to learn more)**



Next Steps



- **Share feedback on today's session:**
<https://www.surveymonkey.com/r/KRNR25J>
- **Surface stories of unsung stewards (even yours!)**
write to Laila Hussain
lhussain@rippel.org
- Register for next session: Nov 9
[Cultivating Belonging and Civic Muscle](#)



Resources



- Slides, chat, recording from today
- Essential Stewardship Practices
[English](#), [Spanish](#)
- Results from the first-ever nationwide survey
[Pulse Check on Shared Stewardship](#)







Jumpstart your impact journey

Explore your impact potential: Through Rippel's customized tools, understand the impact you can have by making deeper investment in the vital conditions for health and well-being in the community

Deepen your stewardship journey

Partner/coaching for long-term impact: Tailored coaching over a multi-year period that enables leaders to improve the vital conditions for health and well-being in the long term



Get connected

Sign up for our emails and follow us on Twitter and LinkedIn for updates on our work and curated resources on shared stewardship, vital conditions, and equitable health and well-being. [Sign Up Here](#)

Are you interested in partnering with us?

If so, please fill out this brief [form](#).

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