

Welcome!

Please introduce yourself in chat by sharing:

- Your name and organization
- Where you're calling in from
- What is one kitchen utensil you use for multiple purposes?

NEW! ReThink Health Toolbox Webinars





X  @RippelHealth





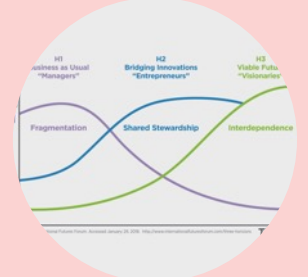
Introduction to Multisolving

Molly Belsky | Program Associate, The Rippel Foundation

Joann Yoon Kang | Program Director, The Rippel Foundation

About the ReThink Health Toolbox Webinar Series

<https://rippel.org/the-rethinkhealth-toolbox-webinars/>

May 25	Sept 12	Nov 9	Jan 25	Mar 5
				
<p>Introduction to the Vital Conditions for Health and Well-Being</p>	<p>Introduction to Shared Stewardship</p>	<p>Introduction to Cultivating Belonging & Civic Muscle</p>	<p>Introduction to Multisolving</p>	<p>Introduction to Three Horizons Framework</p>

Setting the Stage

ReThink Health Toolbox

- Help you transform the future of equitable health and well-being
- Introduce ReThink Health tools and practices
- Provide an introduction to Multisolving
- Share examples, practices, stories, and impact
- Q&A



Meet the Presenters



Molly Belsky
Program Associate



Joann Kang
Program Director

Intentions for Today's Discussion

- Introduce the practice of multisolving and why it matters
- Understand what multisolving looks like in practice and see some examples of its use
- Explore how to start multisolving in your own work





Multisolving—the 5 W’s and 1 H:

What, Why, Who, When, Where, and How

The prospect of multisolving sounds like...

A

A new name
for how I
usually think
and act

B

A promising
practice that
I would like
to develop
further

C

Something
important,
but I don't
know where
to begin

D

A distraction
from quick,
direct
problem
solving

E

Something
too good to
be true

WHAT Is Multisolving?



Multisolving is one action with many benefits.

Source: <https://rippel.org/glossary-of-terms>

WHAT Is Multisolving?



Dare to imagine that problems might be easier to solve together rather than one by one.

– Elizabeth Sawin

Sawin E. The Magic of “Multisolving”. Stanford Social Innovation Review https://ssir.org/articles/entry/the_magic_of_multisolving

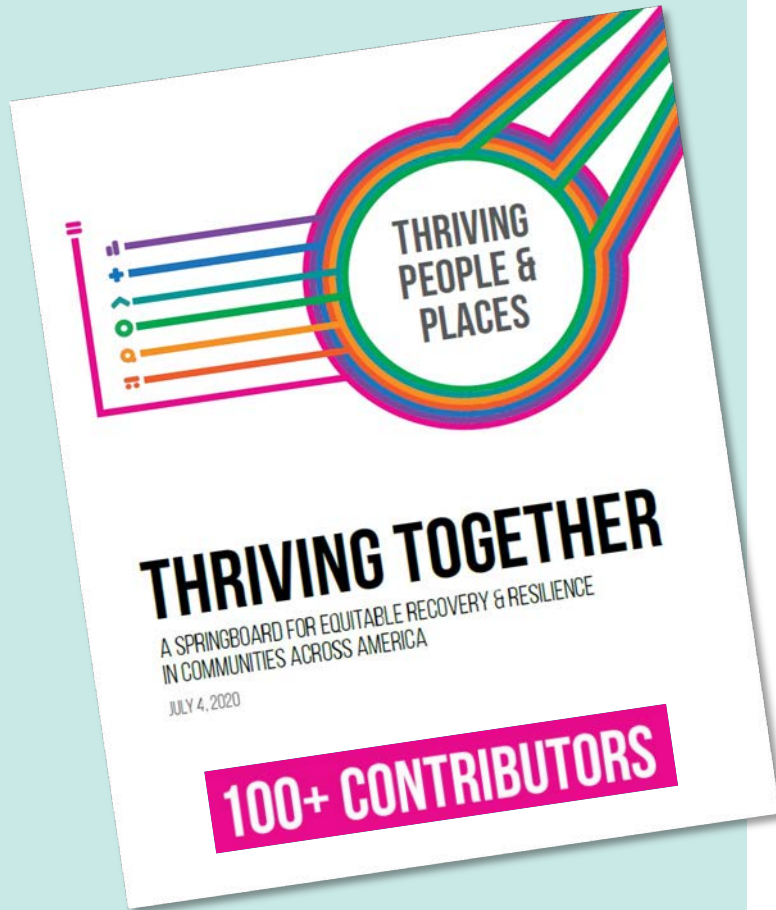
WHERE/WHEN Does Multisolving Show Up in the World?



Photo: Jay Korff/7News

Seniors at The Virginian Senior Living community participate in the Grand Paws program that's part of the Draw for Paws program.

Source: [Grand Paws program has Fairfax seniors painting images of senior dogs to help them get adopted | WJLA](#)



WHY Become a Multisolver?

Our conventional categories and rehearsed routines are not built to handle compounding crises simultaneously. Nor are those crises truly separate.

To thrive in today's interconnected world, we must operate not as narrowly focused problem fixers but as a network of system-focused stewards and multisolvers.

<http://Thriving.US>

Springboard for Thriving Together. <http://Thriving.US>

WHY Become a Multisolver?



- Avoid solving one problem while **making others worse**
- Co-design solutions guided by the **wisdom of diverse perspectives**
- **Strengthen support for innovations** that are difficult to enact
- Find higher leverage for **lasting system change**
- Introduce a **new way to find and consider** proposed solutions
- Make the most of **multisector partnerships**
- **Break from business-as-usual** in a siloed system

WHO Are Multisolvers? Defining Characteristics

The Capacities of a Multisolver



Rooted in Place

Knowledge of place enables multisolvers to see connections between issues that others miss.



Persistent

Seeing a complex big picture with entwined root causes, multisolvers know that change will take time and effort.



Creative

Multisolvers generate solutions by combining tools and ideas in new ways.



Connectors

Multisolvers are emotionally intelligent & visionary. They connect people across sectors & organizational silos.



Systems Thinkers

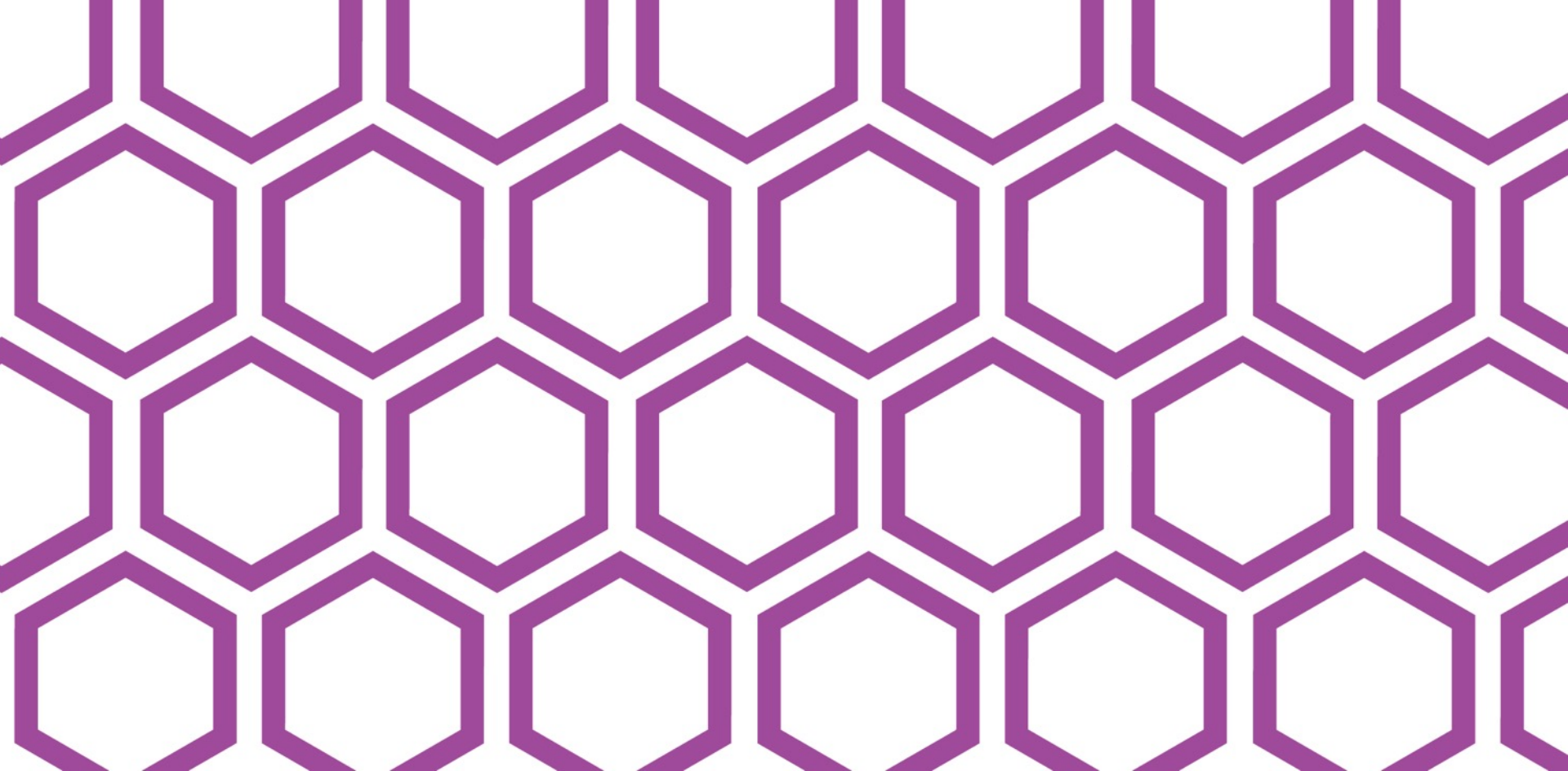
Multisolvers have an intuitive sense of interconnection. They look for leverage points & opportunities to link action across scales.



Reframers

Multisolvers define problems in ways that engage and see success as optimizing many variables not maximizing only one variable.

Six characteristics of multisolvers (from [Tamarack Institute](#) adapted from [Climate Interactive's compilation of multisolving resources](#))



Multisolving and Our Guiding Frameworks

HOW to Multisolve: Stewardship Practices



CONNECTING ACROSS DIFFERENCES

- Weave Vested Interests
- Value Unheard Voices
- Earn Trust
- Strengthen Interdependence
- Build Shared Power

CREATING TRANSFORMATIVE OPPORTUNITIES

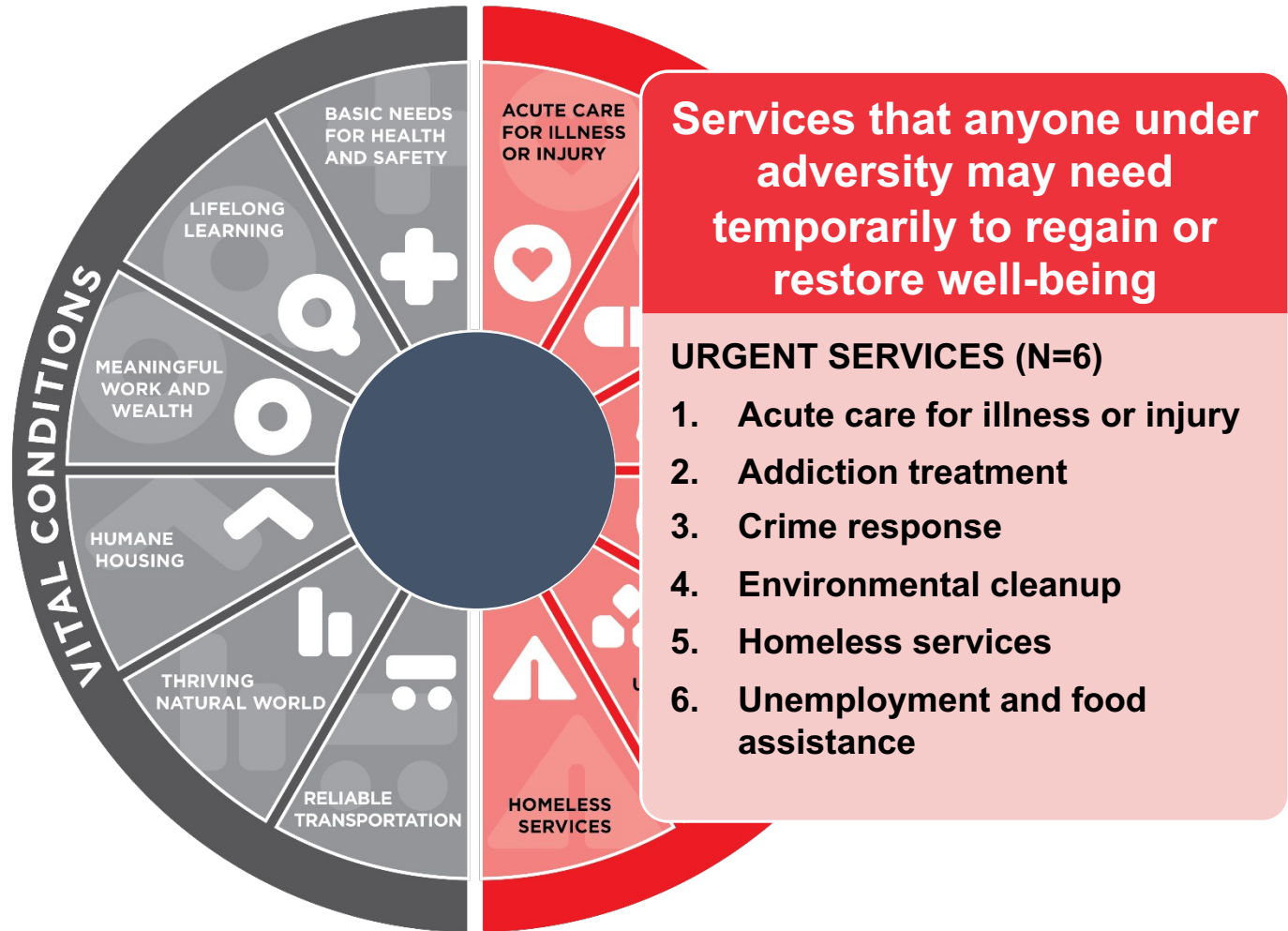
- Expand Aspirations
- Change the Story
- Commit to Multisolving**
- Bridge Timescales
- Align Investments

LEARNING AND ADAPTING

- Embrace Complexity
- Promote Abundance
- Habituate Action Learning
- Consider Legacies Past and Future
- Use Data to Chart Progress

[Stewardship Practice Assessment](#)

HOW to Multisolve: Well-Being Portfolio



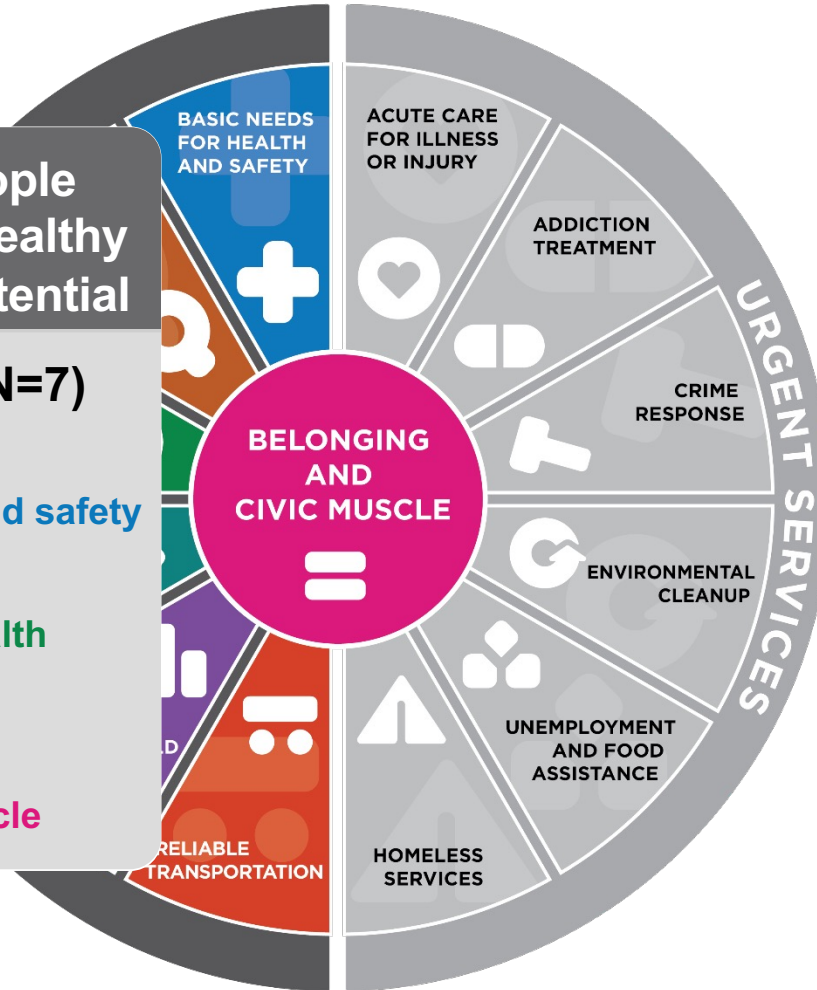
Well-Being Portfolio Definitions: <https://rethinkhealth.org/about/#1> (PDF)

HOW to Multisolve: Well-Being Portfolio

Things that ALL people need regularly to be healthy and reach their full potential

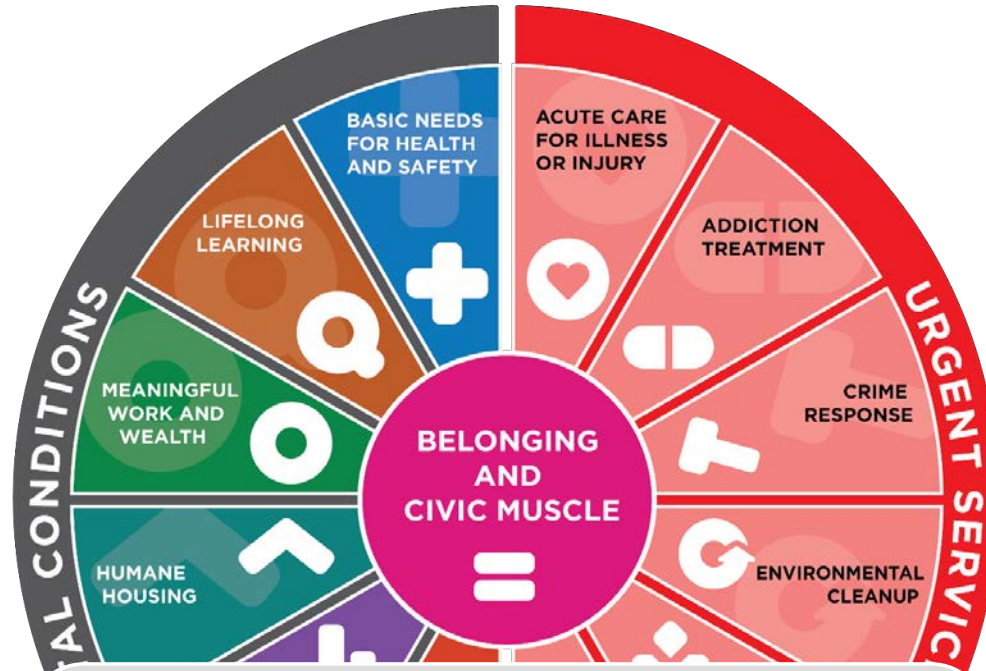
VITAL CONDITIONS (N=7)

1. Thriving natural world
2. Basic needs for health and safety
3. Humane housing
4. Meaningful work and wealth
5. Lifelong learning
6. Reliable transportation
7. Belonging and civic muscle



Well-Being Portfolio Definitions: <https://rethinkhealth.org/about/#1> (PDF)

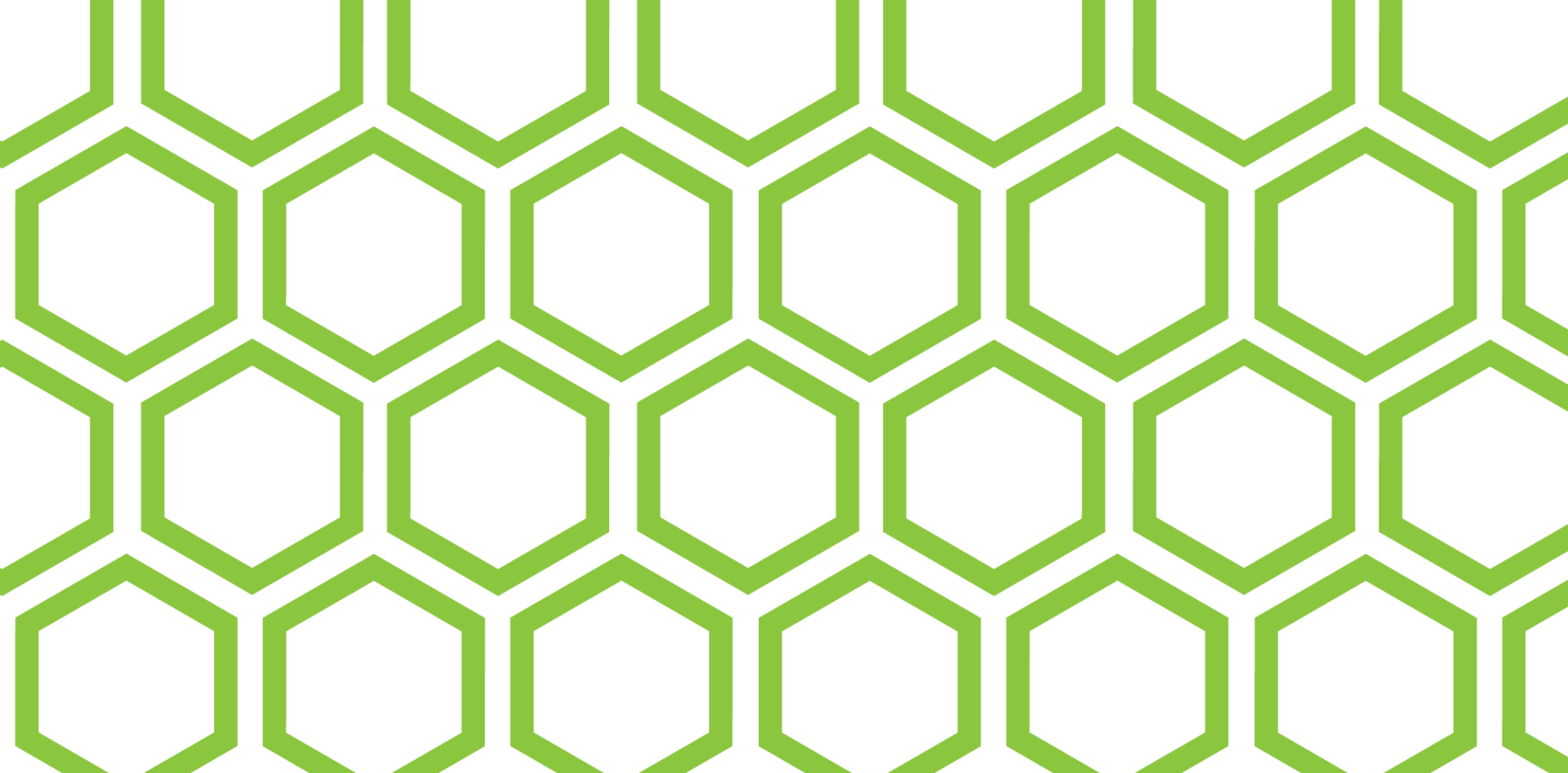
HOW to Multisolve: Well-Being Portfolio



Belonging and Civic Muscle:

Both a vital condition, and a practical capacity needed for equitable success in every area.

Well-Being Portfolio Definitions: <https://rethinkhealth.org/about/#1> (PDF)



Multisolving: More Examples from the Field

The Federal Plan for Equitable Long-Term Recovery and Resilience (Federal Plan for ELTRR)



EQUITABLE LONG-TERM
**RECOVERY &
RESILIENCE**


















































Cross-Cutting Recommendations

- A. Increase Use of the Vital Conditions Framework in Federal Resources
- B. Adopt Coordinated Funding Language in Notice of Funding Opportunity (NOFO) Announcements
- C. Demonstrate Continuous Community-Led Planning and Design
- D. Allow Federal Funds to Facilitate Multi-Sector Collaboration
- E. Establish Infrastructure to Enable Meaningful Interagency Collaboration
- F. Facilitate Regional Knowledge Exchange and Collaborative Action
- G. Incentivize Co-Location & Coordinated Access of Complementary Federally Funded & Provided Services in Naturally Occurring and Community-Driven Settings
- H. Redesign Interagency Technical Assistance to Increase Equitable Access to Federal Resources
- I. Strengthen Measurement Practices to Increase Collection of Data Measuring Equity & Well-Being
- J. Integrate Arts & Cultural Programs into Core Resilience Resources Across Agencies



Below are a few examples of how multi-solver recommendations have the **potential to positively impact multiple** vital conditions through one action.

	 BELONGING & CIVIC MUSCLE	 THRIVING NATURAL WORLD	 BASIC NEEDS FOR HEALTH & SAFETY	 HUMANE HOUSING	 MEANINGFUL WORK & WEALTH	 LIFELONG LEARNING	 RELIABLE TRANSPORTATION
Establish a Center of Excellence in Cultivating Community Well-Being							
Increase access to green and blue spaces							
Assess and address the effects of climate change							
Catalyze development of urban agriculture, gardens, and markets							
Expand access to broadband							
Co-locate high-value services and resources at transportation centers							
Address major drivers of the benefits cliff effect							



Delaware State Health Improvement Plan

www.delawareship.org



Multisolving in Practice

- **Group 1:** Discuss and assess the multisolving potential of an initiative to increase widespread availability of public transportation that's affordable, frequent, and convenient within and between communities.
- **Group 2:** Discuss and assess the multisolving potential of an initiative to prioritize the existence and creation of safe, healthy, and accessible green and blue community spaces.

Rippel Seeding Innovations in Health

ReThink Health A RIPPTEL INITIATIVE

Multisolving Exercise

The challenges we face in improving population health and well-being are fundamentally intertwined and cannot be addressed in isolation. Multisolving is a way of understanding and approaching this complex reality. In the simplest terms, multisolving is the practice of identifying and advocating for policies and investments that can solve multiple problems, often across sectors.

In your groups, choose from the working list of initiatives to improve health and well-being, and discuss and reflect on this worksheet if/when the extent to which advancing this initiative would support one or more of the Vital Conditions. For a full list of the Vital Conditions and their definitions, refer to the attached sheet.

Write your initiative here:

 BELONGING & CIVIC MUSCLE	
 BASIC NEEDS FOR HEALTH AND SAFETY	
 LIFELONG LEARNING	
 MEANINGFUL WORK AND WEALTH	
 HUMANE HOUSING	
 THRIVING NATURAL WORLD	
 RELIABLE TRANSPORTATION	

RETHINK HEALTH | Vital Conditions for Health and Well-Being

1

Learn More

Browse the following resources on Multisolving:

- <https://rippel.org/multisolving/>
- https://ssir.org/articles/entry/multisolving_making_systems_whole_healthy_and_sustainable#

Explore further examples cited in the Equitable Long-term Recovery and Resilience Plan:

- <https://health.gov/our-work/national-health-initiatives/equitable-long-term-recovery-and-resilience>



Next Steps



- Share feedback on today's session:
<https://www.surveymonkey.com/r/YF3K5G3>
- Surface stories of multisolving and shared stewardship (including yours!)
Write to Laila Hussain
lhussain@rippel.org
- Register for our next session:
<https://go.rippel.org/RTHToolbox5>
- Resource materials will be forthcoming







Get connected

Sign up for our emails and follow us on LinkedIn for updates on our work and curated resources on shared stewardship, vital conditions, and equitable health and well-being. [Sign Up Here](#)

Are you interested in partnering with us?

If so, please fill out this [brief form](#).

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Rippel.org



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